



My name is **Jan TAKÁČ**, I am 51 years old and I am **MASTRO DEFENCE SYSTEM** coach and instructor in **SLOVAKIA** (Level 2), charged personally by founder of **MASTRO DEFENCE SYSTEM - Fréderick MASTRO** (7.Dan Penchak Silat, Black Belt BJJ) who is an expert in personal defence (J-C Van Damme, JP Belmondo, Dalajláma, 50Cent, Liam Neeson, etc) and his experience of close protection is more than 20years.

I was started with martial arts 33years ago with Kickboxing, after I trained Krav Maga and started to train selfdefence with Professor Kyoshi Ivan Spišiak in Slovakia. In 2019 I have met Fred MASTRO in Warsaw, Poland and started to train MDS under his supervision. From 2019 I was charged as a **Head Instructor for Slovakia** and I opened my Academy of Selfdefence in Bratislava called **Mastro Defence System Slovakia**.

I completed **ACTIVE SHOOTER** training at the **RDA (Raid and Defense Academy)**, so that means: General Procedures, Intervention Strategy, Active Shooter Tactics, Teamwork Establishment, Command and Emergency Evacuation, Assembling a Team to a Control Point, Search and Contact Mode, Tourniquet Application and stopping bleeding in an injury.

I am the holder of an enhanced security clearance of the reliability of a person from the Transport Office and, based on the clearance, I completed the **TRAINING IN THE FIELD OF CIVIL AVIATION SECURITY**.

MASTRO DEFENCE SYSTEM offers a professional system of personal defence based on the experiences of the world of night, private and public security. This makes the MDS an ideal work tool for anyone working in the field of private or public security.

I can speak **5 languages**:

-**Slovak, Czech, English and Russian** at the communication level, both spoken and written (Azbuka including)

-**Spanish** at the beginner level spoken and written

-I am the holder of a **FIREARMS LICENSE** of groups **A, E, F** (carrying, sport shooting, collecting).

-I am the holder of a **DRIVER'S LICENSE** of groups **A, B** (motorcycles, vehicles up to 3500 kg).

My clients:

- Close protection (Personal Bodyguard) for **Mr. CHUCK NORRIS** during his stay in Slovakia (June/July 2023)
- Close protection (Personal Bodyguard) for **Mr.Jean-Claude VanDAMME** during his stay in Prague , Czech republic (November 2023)
- Close protection for **Mr.Samuel L.JACKSON** in Bratislava, Slovakia (May 2024)
- Close protection (Personal Bodyguard) for **Mr.Peter SAGAN** (Jun 2024), during his last cycling contest Tour De Slovakia
- Close protection (Personal Bodyguard) for hockey legend **Mr.Jaromír JÁGR** (September 2024)
- Close protection (Personal Bodyguard) for rapper **Mr.Patrik Vrbovský aka RYTMUS** (September 2024))
- Close Protection (Personal bodyguard) for neuropsychologist **PhDr.Róbert KRAUSE** in Slovakia (November 2024)
- Close Protection (Personal bodyguard) for former Czech professional football player /Baník Ostrava, ACF Fiorentina, West Ham United, Sparta Praha, České Budějovice/ , **Tomáš ŘEPKA** (november 2024)
- Close protection (Personal bodyguard) for former Czech professional football player, /Dukla Praha, Sparta Praha, Lazio Roma, Juventus Torino/, winner of Ballon d'or 2003 **Pavel NEDVĚD** (December 2024)
- Close protection (Personal bodyguard) for hockey legend **Jaromír JÁGR** (December 2024)
- Close Protection (Personal bodyguard) for former Czech professional football player, /Baník Ostrava, FC Liverpool, Aston Villa, Lyon, Portsmouth, Galatasaray Istanbul/, **Milan BAROŠ** (December 2024)
- Close protection (Personal bodyguard) for a MMA fighter, former UFC 2022 Light Heavyweight Champion, **Jiří BJP ROCHÁZKA** (December 2024)
- Close Protection (Personal bodyguard) for neuropsychologist **PhDr.Róbert KRAUSE** in Slovakia (February 2025)
- Close Protection (Personal bodyguard) for american singer **Paula ABDUL** (February/March 2025)
- Close protection (Personal bodyguard) for Formula 1 legend **Mika HÄKKINEN** (March 2025)
- Personal Security Detail (PSD) for the film project **CONVOY (MATCHBOX movie)**, providing protection at Chateau Gbel'any for actors: **Jessica BIEL, John CENA, Daniel BERNHARDT, Arturo CASTRO, Sam RICHARDSON**, and others...(April 2025)
- business and personal security also for **bussiness client** in Prague (2023), Czech republic and others in Slovakia.

More informations on www.mastrodefencesystem.sk, www.jtbodyguard.sk, www.jtbodyguard.com, FB profile Jan Takac, FB profile Mastro Defence System Slovakia, IG (jan_takac, mastrodefencesystem_slovakia) or TikTok (@mastrodefencesystemsk).

Sincerelly

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